Code of Trust for Close Relationships

1. Always tell the truth (even to yourself).

2. Be open about important matters – even if the matter is important only to one of you.

3. Always try to understand the other person (and yourself).

4. Never knowingly hurt the other person.

5. Keep your word.

6. Clarify misunderstandings without being asked.

Claus Janew
https://free-will.de/truthfulness.htm